

This therapy menu is  
for our registered clients.



71-75 Frampton Rd  
Gloucester  
GL1 5QB

## THERAPIES

### **Oxygen**

Mon-Fri, Office - 01452 419 246

From £10

### **Exercise**

Functional Neurological Informed

Tue, Wed & Thu, Office - 01452 419 246

From £7

### **Massage**

Deep tissue, Reflexology, Red Light

Mon, Wed & Thu, Hayley - 07572 986 896

From £40

### **Acupuncture**

Mon & Tue, Sally - 07730 231 921

From £40

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### **Hay Barn Beauty**

2nd Thu of month, Karen - 07775 646 243

Treatment list with prices available.

From £10

### **Foot Care**

1st Tue of month, Millie - 07341 410 937

Management, treatment & diabetic.

From £35

### **Seated Zumba**

Tuesdays 1pm - Office 01452 419 246

From £7

### **Reiki**

2<sup>nd</sup> & 4<sup>th</sup> Tue of the month

Level 2, with Crystal healing

Jade - 07548 312 073

From £20